



## Ames Ergonomics Program

- Ergonomics Program Manager: Miriam Glazer
- Individual Workstation Assessments
  - Preventive
  - Health Unit evaluations/referrals
- Training
  - Ergonomics for Office Workers (classroom)
  - SATERN Computer Based Training
    - Office, Industrial & Laboratory Ergonomics
  - Special trainings upon request



## Ames Ergonomics Program

- Health Unit referrals in '07 increased by four times over the previous year, however, costs associated with RSIs have continued to drop. This indicates that employees are seeking help earlier, thus preventing lost time cases from occurring.
- Ergonomics Demonstration Room
  - Equipped with many GSA chair samples, as well as computer accessories. Moved to larger space this year and is currently being updated.
  - Chair fittings and consultations on furniture & accessories (by appt.)
  - Furniture & accessories must be purchased by individual codes on Gov't. bank cards or through AIB Store (Store Stock)

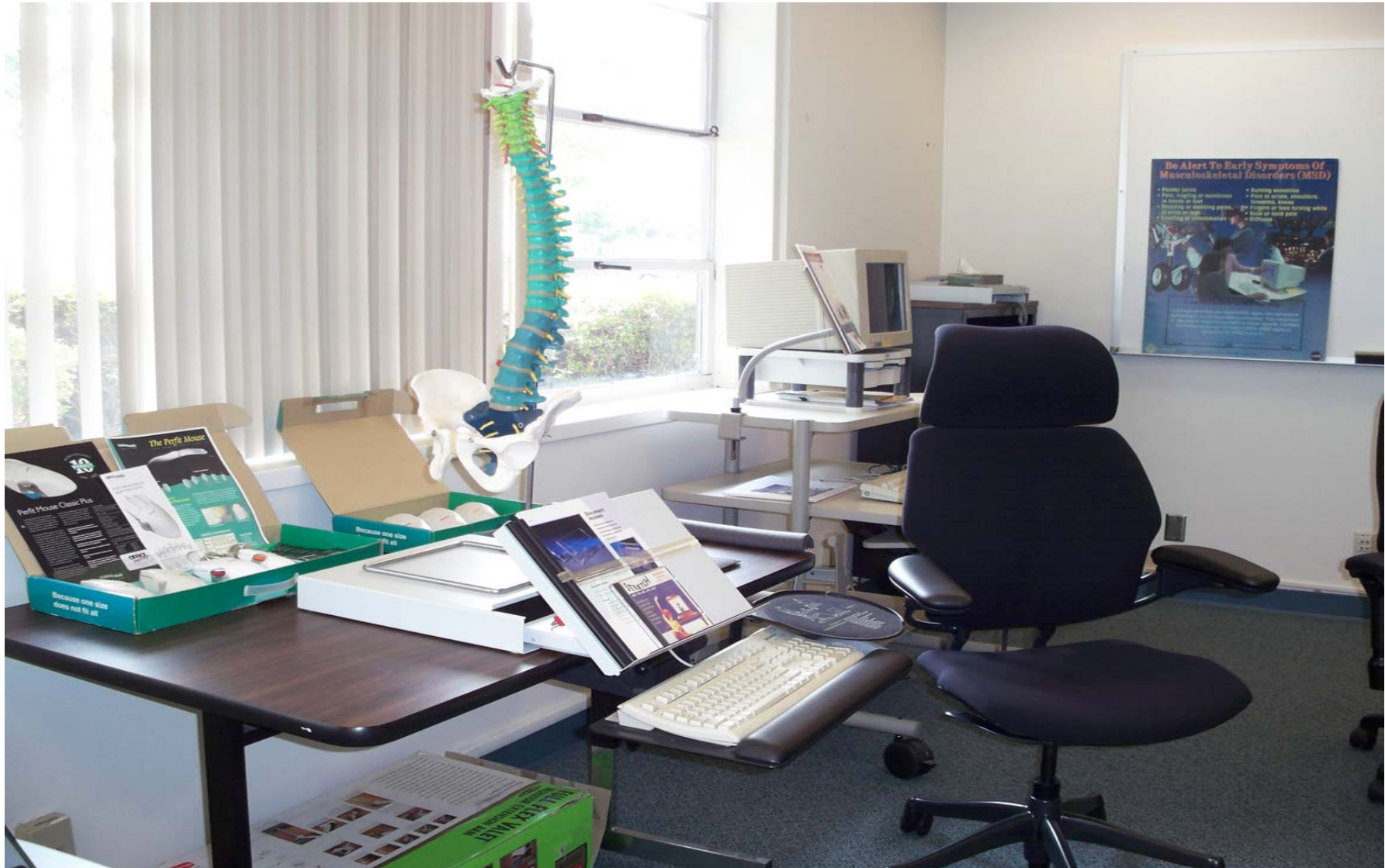


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## Ergonomics Demonstration Room







## Ergonomics Demonstration Room





## **Ergonomics Solutions Team**

- **Chartered safety committee with representatives from all codes**
- **Team consists of 18 members representing all codes and meets three times per year**
- **Trained members can perform basic evaluations upon request**
- **Perform assessments on new employees and when individuals move to new locations**



## Ergonomics Solutions Team

- **Members are taking on more responsibility**
  - Training other members
  - Several codes chose to improve ergonomics as a VPP goal in FY07; team members performed most of the evaluations
- **60% of the ergonomic evaluations performed in '07 were by team members**





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